



香港沙遊治療學會
HKSTA

Hong Kong Sandplay Therapy Association



Set the egg before you, the God in his beginning. And behold it. And incubate it with the magical warmth of your gaze. C.G. Jung. *Red Book*

The Five Ws in Sandplay Therapy Training

by

Ruby Mui Kam Seung, Clinical Psychologist (Psy.D.)
Berenice Lee Earn Ee, Psychotherapist (M.Couns.)

Dates: September 6 to 28, 2020

Sunday, 6/9, from 10:00 am – 5:00 pm
(Experiential Exercise)

Monday, 14, 21, 28/9 from 7:00 pm – 9:00 pm
(Three online classes)

Classes will meet online using Zoom and
Experiential Exercise will be held in
Ching Tam Centre, Yuen Long

Language: Cantonese

Enquiry: 5985-2169 (WhatsApp only)

Email: hksta2020@gmail.com

Web: www.hksta.wordpress.com

Face book page: [hksandplay](https://www.facebook.com/hksandplay)

Course Description

This is the third time HKSTA offers the Five Ws Sandplay Therapy workshop for beginners. This time the training includes a one day experiential exercise for participants to have hands on experience. Dr. Ruby Mui will be the co-ordinator as well as the major facilitator of the course with the assistance of Ms. Berenice Lee, who is an experienced psychotherapist who have practiced sandplay therapy for an extended period of time. This course aims to provide the practical considerations and guidelines for mental health professionals who are at the beginning stage in using sandplay therapy with clients. Cases illustration will be used throughout the course.

The Five Ws

What? What is Sandplay Therapy?

What kind of equipments are needed and what are the details?

What are the categories of sandplay miniatures to get?

What are main considerations in displaying sandplay miniatures?

What to do when a client is working on the tray - record keeping and holding?

What to do after a client completed the tray - photo taking and disassemble the tray?

What to do when a client flood the tray?

What to prepare for a review with clients after they completed the process?

What you need to do to become an ISST Certified Sandplay Therapist?

Where? Where can you find figurines and sand trays in shops and online?

When? When is the appropriate time to start sandplay therapy with clients?

Why? Why is it important to do personal process and when will be a good time to start?

Who? Who can you do personal process with?

Who can be the trainers and supervisors?

Who will benefit most from sandplay therapy?

How? How to introduce sandplay therapy to children/adults/parents?

How to make sense of the theoretical base of sandplay therapy?

How to understand what the client has done in the sand tray?

Facilitators:

Ruby Mui Kam Seung, Psy.D, Clinical Psychologist at private setting who provides psychological services for adults, family and children with special educational needs as well as attachment related issues. She has been using sandplay therapy in her clinical work since 2004.

Berenice Lee Earn Ee, M.Couns, Psychotherapist, who offers psychological services to individuals, family, couples as a private practitioner. She has been practicing sandplay therapy for over ten years.

APPLICATION FORM (in block letters please) HKSTA member : Yes No

Name: _____ Occupation: _____

*Please write your name in the form you would like it to appear on your attendance certificate

Organization: _____ Address: _____

Phone Number: _____ Email address: _____

Fee for the workshop on Sep 6 to 28, 2020 (6/9, 14/9, 21/9, & 28/9: one day experiential exercise and three online classes):

Please ✓ the appropriate box:

- | | |
|---|--|
| <input type="checkbox"/> HKSTA member HK\$1,800 | <input type="checkbox"/> HK\$1,600 (early bird on or before 24 Aug., 2020) |
| <input type="checkbox"/> Non member HK\$2,000 | <input type="checkbox"/> HK\$1,800 (early bird on or before 24 Aug., 2020) |

Please deposit your payment in the account of “Hong Kong Sandplay Therapy Association” Hang Seng Bank “228-338430-001”, then write your name in block letters on the payment slip and together with the application form, WhatsApp or email it to 5985-2169 or hksta2020@gmail.com. **OR** make cheque payable to “Hong Kong Sandplay Therapy Association”, and mail it together with the application form to c/o Season Commercial Building, 5/F, 3 Humphreys Avenue, Tsim Sha Tsui, Kowloon.

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