

**Psychological aspects of Migration as a
Specific Form of Trauma with Case
Illustration of Sandplay Therapy
(Children and Adults)**

Facilitated By:

**MARIA KENDLER, MPhil, MSc,
Teaching member of SGSST and ISST**

**WORKSHOP DAYS:
SATURDAY 16th and 23rd July, 2022
Time: 7:00-10:00PM
Language: English**

**This 6 hours, 2 session online workshop is
accredited by ISST**





Hong Kong Sandplay Therapy Association

INTRODUCTION:

In this 2-session of online workshop, we will explore psychological consequences of migration which can be seen as a particular form of traumatic experience. Different stages of this traumatic process are discussed as well as specific aspects of its therapeutic intervention. We will see how Sandplay therapy can support the therapeutic process by its non verbal and sensorial form of expression.

Furthermore we will explore particularly meaningful symbols that appear in the process of inner reconstruction through Sandplay cases: the house and the tree, showing how the child patient tries to rebuild his inner home and roots on a symbolic level.

Some sequences of Sandplay therapy will be analyzed in order to illustrate the theoretical input as well.

Objectives:

- Understanding particular aspects of psychological suffering in the context of migration;
- Analyzing Sandpictures in the view of trauma and resilience
- Becoming aware of meaningful symbols of psychic resources

Contents of the workshop:

Session 1: Saturday 16th July, 2022

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|----------------|---|
| 7:00 – 7:45PM | Introduction: Migration and its consequences for the psyche |
| 7:45 – 8:30PM | Migration as a traumatic experience in several stages |
| 8:30 – 8:45PM | Break |
| 8:45 – 9:40PM | Basic reflections about therapeutic work with migrants and examples from Sandplay therapy |
| 9:40 – 10:00PM | Discussion |

Session 2: Saturday 23rd July, 2022

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|----------------|---|
| 7:00 – 8:15PM | The symbolism of the house in the context of Sandplay with migrants, illustrated by Sandpictures of a young woman |
| 8:15 – 8:30PM | Discussion |
| 8:30 – 8:45PM | Break |
| 8:45 – 9:40PM | The symbolism of the tree in the Sandplay process of a boy who suffered from anxiety after leaving his home country |
| 9:40 – 10:00PM | Final discussion and conclusion |

Sandplay Teacher-Trainer

Maria Kendler (MPhil, MSc, Teaching member of SGSST and ISST) is a clinical psychologist, with professional experience in individual and institutional settings. Presently she is working in a private practice with sandplay therapy for children, adolescents and adults in Morges and in Vevey in Switzerland. She has presented many ISST conference, intensive training weeks as well as international workshop, and has been teaching Sandplay Therapy in Switzerland and abroad for long.

Maria is the current president of the Swiss Society for Sandplay Therapy (SGSST) and the responsible editor of the Swiss-German Journal for Sandplay Therapy (*Zeitschrift für Sandspieltherapie*). She has published articles about Sandplay in different clinical settings in the *American Journal for Sandplay Therapy* and in *Zeitschrift für Sandspieltherapie*.

APPLICATION FORM (in Block letters please)

HKSTA member : Yes No

Name: _____ Occupation: _____

*Please write your name in the form you would like it to appear on your attendance certificate

Organization: _____ Address: _____

Phone Number: _____ Email address: _____

***I do/do not have clinical examples of client sandplay material that I wish to present
(Please indicate your choice)**

Workshop Fee (Please ✓ the appropriate box)

HKSTA member HK\$1,500 **HK\$1,300 (early bird on or before 25 June, 2022)**

Non-member HK\$1,700 **HK\$1,500 (early bird on or before 25 June, 2022)**

Please deposit your payment in the account of "Hong Kong Sandplay Therapy Association" Hang Seng Bank "228-338430-001", then write your name in block letters on the payment slip and together with the application form, WhatsApp, or email it to 5985-2169 or hksta2020@gmail.com. **OR** make cheque payable to "Hong Kong Sandplay Therapy Association", and mail it together with the application form to c/o Season Commercial Building, 5/F, 3 Humphreys Avenue, Tsim Sha Tsui, Kowloon. HKG